Down's syndrome

Passport

Name : .....

PASSPORT - II

ID No : .....

Name of the clinic :

. . . . . .

Name : .....

ID No : ..... D.O.ß : ..... M | F .....

Address: .....

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Phone No: ..... (Primary contact)

Phone No: ..... (Secondary contact),

Name of parent / guardian with relationship: .....

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Educational status: .....

Medical Insurance : ☐ yes ☐ no

if YES DETAILS: .....

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Contributors

Dr. Surekha Ramachandran

Chairperson : Down Syndrome Federation of India
Chairperson : Down Syndrome Association of Tamilnadu

Dr. Shaji Thomas John

Chief of Paediatrics & Director
Baby Memorial Hospital
Calicut, Kerala
Chairman - Down Syndrome Trust

Dr. Suresh Seshadri

Director - Mediscan Systems, Chennai

Dr. Sujatha Jagadeesh

Head - Department of Clinical Genetics
Mediscan Systems, Chennai

Dr. Bhavani Sriram

Consultant Pediatrician and Neonatologist
Kinder clinic, Singapore
Visiting Consultant
K.K. Women and Children's Hospital, Singapore.

Dr. Priya Biswakumar

Consultant Paediatrician
Indira Child Care
Down Syndrome Federation of India

DOWN SYNDROME
FEDERATION OF INDIA

Medical Passport for Persons with Down Syndrome

Annual evaluation:

- [ ] Routine adult healthcare
- [ ] Blood pressure monitoring
- [ ] Visual evaluation
- [ ] Dental evaluation
- [ ] ENT Evaluation every year and Auditory testing once in 2 years
- [ ] Clinical evaluation for functional abilities
- [ ] Evaluation for sleep apnea
- [ ] Neurological evaluation for early signs of dementia
- [ ] Look for Behavioural challenges and Psychiatry referral if needed
- [ ] Evaluate diet - Life style modification as required Low calorie, high fibre
- [ ] Regular exercise programme
- [ ] Reproductive counseling
- [ ] Hb /TSH / FT4 once in 5 years or earlier if needed.
- [ ] Screening for osteoporosis
- [ ] Screening for hypercholesterolemia
- [ ] HbA1c as required

Date: .....

Hospital of birth with place: ..... Country of origin: .....

Diagnoses: .....

Karyotype: ☐ Non Disjunction ☐ Translocation ☐ Mosaic Date: .....

Details(pic upload if poss) .....

Brief history:

Antenatal / birth / development immunization status:

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Family History & sibling history:

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Past history cardiac / thyroid / surgeries / hospitalization:

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Current medical issues and medication:

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Follow up visits (> 21 years)

Visit - 1

Date: .....

DD : MM : YY Haemoglobin: .....

Other tests:

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Physical examination:

Weight: ..... kg Height: ..... cms. BMI: ..... Heart Rate: ..... BP: .....

General Examination: (Look for pallor, alopecia, cheilosis, dryness of skin)

VISUAL: .....

ENT .....

Dental .....

Remarks:

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Systemic examination:

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Psychological issues:

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Brief summary of findings:

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Physical therapy / psychological counseling vocational guidance / occupational therapy

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Plan and follow up:

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Follow up visits (> 21 years)

Visit - 2

Date: .....

DD : MM : YY Haemoglobin: .....

Other tests:

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Physical examination:

Weight: ..... kg Height: ..... cms. BMI: ..... Heart Rate: ..... BP: .....

General Examination: (Look for pallor, alopecia, cheilosis, dryness of skin)

VISUAL: .....

ENT .....

Dental .....

Remarks:

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Systemic examination:

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Psychological issues:

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Brief summary of findings:

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Physical therapy / psychological counseling vocational guidance / occupational therapy

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Plan and follow up:

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Follow up visits (> 21 years)

Visit - 3

Date: .....

DD : MM : YY Haemoglobin: .....

Other tests:

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Physical examination:

Weight: ..... kg Height: ..... cms. BMI: ..... Heart Rate: ..... BP: .....

General Examination: (Look for pallor, alopecia, cheilosis, dryness of skin)

VISUAL: .....

ENT .....

Dental .....

Remarks:

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Systemic examination:

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Psychological issues:

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Brief summary of findings:

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Physical therapy / psychological counseling vocational guidance / occupational therapy

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Plan and follow up:

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Follow up visits (> 21 years)

Visit - 4

Date: .....

DD : MM : YY Haemoglobin: .....

Other tests:

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Physical examination:

Weight: ..... kg Height: ..... cms. BMI: ..... Heart Rate: ..... BP: .....

General Examination: (Look for pallor, alopecia, cheilosis, dryness of skin)

VISUAL: .....

ENT .....

Dental .....

Remarks:

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Systemic examination:

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Psychological issues:

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Brief summary of findings:

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Physical therapy / psychological counseling vocational guidance / occupational therapy

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Plan and follow up:

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Comments on compliance

Doctor's contact details

Name : .....

Phone No: .....

Address: .....

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Emergency contact details

Doctor -1

Name : .....

Phone No: .....

Address: .....

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Doctor -2

Name : .....

Phone No: .....

Address: .....

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Doctor -3

Name : .....

Phone No: .....

Address: .....

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Down's syndrome passport